

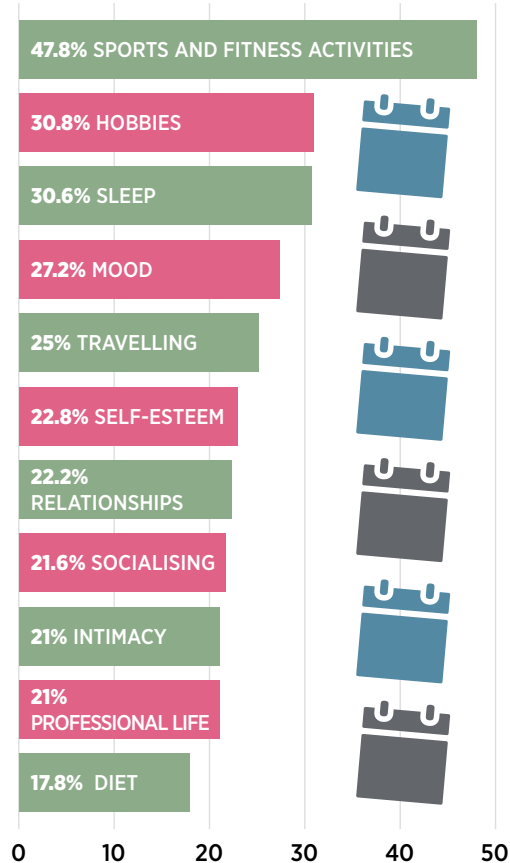
Getting it off your chest

The psychological impact of asthma

Results of a Chiesi Limited sponsored survey of 500 patients with asthma across the UK¹

Day-To-Day Impact

AREAS IMPACTED BY ASTHMA ARE:



Fears and worries

48.8%

WORRY THAT PEOPLE AROUND THEM DO NOT UNDERSTAND WHAT IT MEANS TO LIVE WITH ASTHMA



46.4%

FEEL SELF-CONSCIOUS WHEN THEY CAN'T PARTICIPATE IN CERTAIN ACTIVITIES DUE TO THEIR ASTHMA

33.6%

SAY THAT THE CONDITION HAS AN IMPACT ON THEIR STRESS LEVELS

37%

AGREE THAT THEIR ASTHMA MAKES THEM FEEL ANXIOUS

43.6%

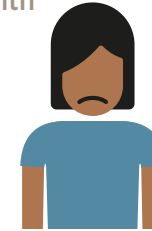
SAY THAT THEIR ASTHMA MAKES THEIR LOVED ONES ANXIOUS TOO

Asthma and mental health

ASTHMA SYMPTOMS WORSEN FOR ALMOST HALF

48.6%

WHEN THEIR MOOD IS LOW



MANY HAVE BEEN DIAGNOSED WITH DEPRESSIVE DISORDERS

28.4%

AND ANXIETY DISORDERS

30.8%

OF THE RESPONDENTS WHO HAD BEEN DIAGNOSED WITH MENTAL HEALTH DISORDERS:

47.8%

THINK THEIR MENTAL HEALTH CONDITION HAS WORSENED THEIR ASTHMA SYMPTOMS



32.3%

THINK THAT THEIR MENTAL HEALTH DISORDER WAS CAUSED BY THE BURDEN OF THEIR ASTHMA



Psychological support



81.2%

HAVE **NEVER** HAD A DISCUSSION WITH THEIR HEALTHCARE PROFESSIONAL ABOUT THE PSYCHOLOGICAL IMPACT OF THEIR CONDITION

77.4%

HAVE NEVER BEEN ASKED TO COMPLETE A SCREENING QUESTIONNAIRE REGARDING THEIR PSYCHOLOGICAL HEALTH



46.4%

WOULD FIND PSYCHOLOGICAL SUPPORT IN THEIR INTERACTIONS WITH HEALTHCARE PROFESSIONALS USEFUL, TO BETTER MANAGE THE EMOTIONAL IMPACT OF ASTHMA